Ton's den

The Psalms

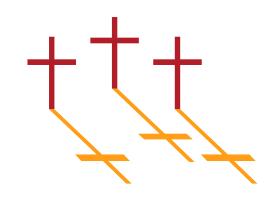
## *"Give ear to my words, O Yahweh, Consider my meditation.*" Psalm 5:1

Every Sunday at 7:45 AM, I meet with men in my office, and across the hall, my wife Cathy meets with the women. The purpose of this gathering is to pray for the Sunday School hour and the worship service. In my opinion, it is the most essential part of our Sunday mornings. I say this because we seek God's blessing on what will occur during fellowship, Sunday School, and praise to God through our singing and preaching of His Word. We seek His glory, not our own; we seek His will and not that of man.

We begin our prayer time by reading a Psalm each week. The Book of Psalms has 150 chapters, the most of any book in the Bible. It is a book filled with prayer, hymns, and poems. The Psalms teach us how to pray to God. It encourages us to praise God for all He has done, is doing, and will do on behalf of His elect.

On Sunday mornings, I have come to church with my mind not focused on what God has called me to do. I have been distracted by worldly pursuits, bitterness, anger, and even unconfessed sin. But, praise God, I have never left my office after spending time with my brothers in prayer without confessing to God and setting aside my will for His will to be done. I am so thankful for the men and women who come early to lift up our service in prayer. I know that many of you are unable to attend for various reasons, but I would encourage you to please join us for prayer. If you cannot be with us, would you please consider praying for the service on Sunday mornings? If you have a family, I encourage you fathers to gather your family together and read a psalm, lifting up the service to Him. The Psalm for next week will be Psalm 67.

Your shepherd, Pastor Mark



Quote of the Week

"Prayer begins and ends not with the needs of man but with the glory of God (John 14:13). It should be concerned primarily with who God is, what He wants, and how He can be glorified."

— John F. MacArthur, Alone With God

Grace Gemy

This is our most inestimable privilege!- Charles Simeon

#### "Cast all your cares on Him, because He cares about you!" 1 Peter 5:7

Whatever our trials may be, we may spread them all before our merciful Father with a confidence that He will grant us the wisest relief. We may commit to Him,

the directing of our path,

the supplying of our needs,

and the keeping of our souls,

not doubting but that, as our Creator, our Provider, and our Redeemer—He will be faithful to His own promises, and bring to pass whatever He, in His unerring wisdom, knows is best for us!

We must despair of any help from the creature, and commit our cause entirely to God!

We are not left to bear our burdens alone. Our daily experience shows us how unable we are, of ourselves, to bear the various trials of life. But we have a merciful and an omnipotent Savior-God to go unto, a God who says, "Cast your burden upon Me, and I will sustain you!" If "help were not laid upon One that is mighty"—upon One who says to us, "Come unto Me all you who labor and are heavy laden, and I will give you rest"—then what hope could any of us have?

But with such a Refuge and such a Friend—we may well be satisfied; for He is both a sun to enlighten us, and a shield to protect us! He will give us both grace and glory! No good thing, either in time or in eternity, will He withhold from His redeemed people—if we humbly and sincerely commit our cause to Him!

This is our most inestimable privilege!

When, like Peter sinking in the waves, we cry out to Him, "Lord, save me!"—He will stretch out His almighty hand, and wisely grant us the support that is best for our particular situation.

Weekly Gatherings



**Bible Classes** 

Old & New Testament Classes Ladies Class Young Adults Young Parents Youth Surge Sunday Morning @ 9:00AM



Weekday Meetings

Mondays | 7PM Men's Bible Study 1st and 3rd Saturday Women of Grace | 9AM Wednesdays | 6:30PM AWANA



## Family Groups

Thursdays @ 7PM Please check church website for start date and directions to each



### **Build the Body Teams**

If you would like to serve on a BtB Team and need to sign up, please contact the team leader at the appropriate email address on the back of this bulletin.



#### Youth Study Wednesdays @6:30PM Youth Study; AWANA & Surge!



**Service Times** Sunday Services 10:30AM Sunday School 9:00AM Children's Church @11:00AM Giving from service on 07/28/2024

General Offering\$8	,194.77
Building Fund	,765.75
Uganda Missions	\$205.00

Total......\$10,165.52 Attendance......190

Build the Body Ministries

Women's Ministry-women@ghbcva.org AWANA-awana@ghbcva.org Outreach Ministry-outreach@ghbcva.org Worship Ministry-worship@ghbcva.org Men's Ministry-men@ghbcva.org Children's Ministry-children@ghbcva.org Youth Ministry-youth@ghbcva.org Prayer Team-prayer@ghbcva.org Maintenance-maintenance @ghbcva.org Fellowship-fellowship@ghbcva.org Communications-communications@ghbcva.org Front Line-frontline@ghbcva.org Security-security@ghbcva.org



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# Grace Harvest Bible Church

Aug 04, 2024